Projects and Group Collab.

Education

Projects and Group Collaboration provide a great opportunity to learn from peers of different backgrounds, enhance your self-knowledge, and practice interpersonal skills necessary for the work force. Collaboration can create its own set of unique challenges.

Try these tools for effective projects and group collaborations whether in-person or online:

Strategies

Try and match yourself with group members whose scheduling demands match yours.

Get to know your team members before work gets started. Exchange information on your interests, qualifications, and communication styles.

Keep on top of deadlines as your group collaborators will be relying on you.

Don't take on more work than you are able to reasonably manage based on your symptoms. Align your role and responsibility in the group based on your strengths and symptoms.

Respectfully manage conflict among collaborators. Check out these helpful tips for how to deal with interpersonal conflicts during group projects.

Prioritize consistent and clear communication with group members. Know how and when you will exchange ideas and complete assigned tasks.

Don't be afraid to ask for help. Talk to your instructor if you are having challenges working with group members or keeping up with the assignments.

Advocate for your communication needs. Suggest in-person meetings or virtual communication if that works best for you.

Consider asking for peer evaluations for each member to encourage equal participation among members.

Stay organized and manage your time efficiently. Be mindful that group work generally takes more time and effort.

Technology

- Apps like Slack and Trello can be helpful with keeping track of team communication and assignments.